



“60 for 60 Lenten Initiative” *“Rooted, Restless, and Renewing”*

St. Augustine Prep: Lenten Community Project (Open to the entire school community):

Over the course of the next forty days of Lent, we as a community will engage in “60 for 60.” The community is encouraged to offer 60 minutes of prayer, service, and almsgiving a week in light of The Spiritual and Corporal Works of Mercy. Personally commit to at least three activities from each of the two Works of Mercy categories throughout Lent.

The Eight Corporal Works of Mercy:

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked.
4. Shelter the homeless.
5. Visit the sick.
6. Visit the imprisoned.
7. Bury the dead.
8. Care for our common home (stewardship).

The Eight Spiritual Works of Mercy:

1. Counsel the doubtful.
2. Instruct the ignorant.
3. Admonish sinners.
4. Comfort the afflicted.
5. Forgive offenses.
6. Bear wrongs patiently.
7. Pray for the living and the dead.
8. Care for our common home (gratitude).

Corporal:

- Donate change from lunch to the poor
- \$6 donation for the Augustinian Peruvian Mission
- Bring in **three** items from the Lenten Food Drive list
- Visit a nursing home
- Visit or call a sick or elderly relative
- Donate clothes to the poor
- Volunteer for a cause that matters
- Give to the Prep Blood Drive
- Take time to visit and pray at the burial site of a family member

Spiritual:

- Attend Mass (Tuesday and/or Thursday in the school Chapel)
- Pray for the Prep community (Rosary / Adoration of the Blessed Sacrament - March 20)
- Write and read a prayer for the beginning and/or end of the Day (Please see Mr. Casolaro)
- Take 6 minutes to visit the Chapel during the day
- Under 17 - fast & abstain during a Lenten Friday
- Take time to help a fellow student who is struggling in a particular subject
- Give up the snooze button once a school week and pray an Our Father, Hail Mary, and Glory Be...
- Attend the Lenten Theology on Tap presentation (adults only)
- Pray the Stations of the Cross
- Sit and talk with someone who you do not know very well - make them feel wanted

During this Lenten Season, Prep students and families are again on point to help those less fortunate as we are collecting food and other goods for ***The Carmelite Sisters of Brooklyn*** and items to be placed in CHOP Easter Baskets.

CARMELITE SISTERS OF BROOKLYN - Please purchase and bring in your donations from the following list:

Spaghetti	Canned corn
Canned tomatoes (sauce, purée, crushed, etc.)	Canned frijoles
Salt/Pepper	Nuts (almonds, cashews, walnuts, peanuts, etc.)
Oatmeal (regular & gluten-free)	Dried beans (red, black, white, pinto, lentils)
Cereal (granola, wheat bran, honey bunches of oats)	Crackers (saltines, ritz)
Plastic plates, cups, & bowls	Bustelo coffee
Hot cups	Organic sugar
Herbal teas (lemon, ginger, mint, chamomile, etc.)	Coconut milk
Corn starch	Napkins
Tapioca starch	Canola oil spray
	Olive oil
	Fine cornflour

CHOP EASTER BASKETS - Please purchase and bring in your donations from the following list:

Crayons
Coloring Books
Bubbles
Smaller Toys that fit in baskets
***No Easter Grass or anything religious

Donated items are due by Friday, April 3rd. Let's make this year's donations the best ever so we can help our neighbors in need.

*We are a community rooted in our faith and our Augustinian values,
we are a restless community in search of where God is calling us to grow,
and we are a renewing community of conversion journeying through this time of Lent.*